WNEWS 'N NOTES

JANUARY 2002

CHINESE HISTORICAL SOCIETY OF SOUTHERN CALIFORNIA

Two major authors make guest appearances in LA

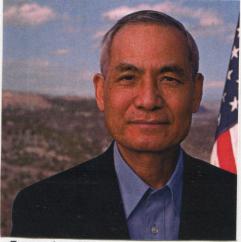
Whoever said Los Angeles was a cultural wasteland filled with people who do not read was obviously not talking about Chinese Americans in this day and age!

The UCLA Asian American Studies Center scored a major coup when it (in association with several other Asian American Studies programs in the area) secured as its guest speaker Dr. Wen Ho Lee, who was falsely accused of being a spy and leaking sensitive defense technology secrets to China. With the help of award-winning journalist Helen Zia, Dr. Lee has just published a book about his nearly one-year-long experience, which caused great concerns among members of the Chinese American community who feared it might cause a backlash on them.

Dr. Lee's talk and signing of his book, My Country Versus Me, occurred at 1 p.m. on Sunday, Jan. 20, at the James West Alumni Center on the UCLA campus. Several members of the CHSSC, including board member Dr. Wing Mar, attended the function that attracted a crowd of about 200 people.

In January 1999, Dr. Lee was arrested and hauled away by federal agents. He was imprisoned in Albuquerque, nearly two hours away from his home in Los Alamos, where he was treated differently from the other inmates, he said.

He was imprisoned without trial, with his first month spent in conditions under solitary confinement. Lee said he was allowed out of his cell only once a day to shower, and despite his complaints of being cold, he was never told that he could purchase continue on p.5



Former Los Alamos scientist Wen Ho Lee spoke at UCLA on Jan. 20 about accusations that he was working as a spy for the Chinese. Lee, a naturalized U.S. citizen born in Taiwan, has co-authored a new book about his ordeal called "My Country Versus Me." Meanwhile, Howard University law professor Frank Wu (below) will make a special appearance at the CHSSC's Bernard Street property on Feb. 5 at 2 p.m. to discuss and sign copies of his latest book, "Yellow: Race in America Beyond Black and White."



FEBRUARY'S SPEAKER and slide show presentation!

Dr.GloriaRicci lothrop

"The Historic El Pueblo of Los Angeles"

7 p.m. Wednesday, Feb. 6
Castelar multi-purpose room
Enter via playground on College Street
between Hill & Yale
Please don't park beyond yellow line!

Please come hear Dr. Lothrop's talk on the past, present and future of an area that is of great interest to Los Angeles residents of all descent—not just those of Chinese, Italian, or Mexican ancestry! Dr. Lothrop is the museum committee chair of the Historic Italian Hall Museum at 622 1/2 N. Main St., which is in the process of undergoing restoration and conversion into a museum and a gallery.

Special thanks to our January guest speaker, actress and playwright Annette Lee, for coming out, speaking to the CHSSC and doing a special dramatic reading (with the help of our very own Membership Chairman Cy Wong) from her recent plays on Asian Americal

Inside This Issue

Chinese American Museum Lantern Festival, p. 2
Dinner with South Bay Chinese-American Chamber, see flier
Dr. Betty Gaw's Recent Trip to China, p. 3
"A Day in the Life of Los Angeles Chinatown" photo shoot, p. 5



Passages

CHSSC would like to express its deepest regrets on the recent losses of people close, and important, to our organization. Thanks to everyone for letting us know about:

Estelle Chang Wong, daughter of San Fernando Valley pioneer Sam Chang, died on Oct. 12, 2001. In lieu of flowers, please make donations to the Chinese American Museum.

(This information and that which follows comes from Angi Ma Wong, past CHSSC president, 1987-1989, to whom we issued condolences on the loss of her mother in last month's issue of News 'n Notes)

Renee Cheng Ma, mother of past CHSSC president Angi Ma Wong, died Dec. 6, 2001, from complications of her June 30 stroke. In lieu of flowers, the family asks that donations be made to the CHSSC Building Fund in her

Please see page 5 for details on the recent passing of Winnie Lew's father.

CAM Lantern Festival "Lights the Way"

From CAM staffers Jan Wang & Jing-Chiou Liou

The Friends of the Chinese American Museum will present its first annual Lantern Festival at El Pueblo Historical Monument, 125 Paseo de la Plaza, on Saturday, February 23, 2002, from 1:00 pm to 7:00 pm.

Marking the first return of a traditional celebration in Los Angeles Chinatown's original location, this festival will be closing the Chinese New Year period by inviting all communities to join together in a festival with a message of harmony, peace and unity. Event admission is free.

The main components of the day's events include: 1) Street Fair, complete with Chinese orchestral musicians and various artisans; 2) gallery exhibit of "Inspiring Lines: Chinese American Pioneers in the Commercial Arts"; 3) a children's Lantern Making Contest for Grades 1 to 6; and 4) a Lantern Parade at 5:30 pm. Festivities begin at 1 p.m. and will conclude with the judging of the lantern contest winners at 4:30 pm and a Lantern Parade at 5:30 pm. Interactive craft making include Chinese knot making, Chinese opera face painting, kite making, and lantern making. Storytelling booths will feature local journalists who will read a story of their choice in a language of their choice. The staff at El Pueblo Historical Monument is working on drawing the involvement of Spanish-speaking reporters to the storytelling event. Local Chinese American artists will be exhibiting their own renditions of lanterns.

"This Festival will bring back to Los Angeles Chinatown the colorful and exciting Lantern Festival, which is a Chinese New Year tradition," says Judge Debra W. Yang, President of the Friends of the Chinese American Museum's Board of Directors.

The Lantern Festival is made possible in part by a grant from the City of Los Angeles, Cultural Affairs Department, by El Pueblo Historical Monument and by Bing Liu of Evergreen Books in Monterey Park who has honored the event with a \$3,000 contribution. KCET TV's cartoon character of Sagwa, the Chinese Siamese Cat (an animated feline personality based on the writings of Chinese American author Amy Tan), is scheduled to greet young participants as they arrive with their lantern contest entries. Students of Otis College of Art and Design will also help out by sharing their creative talents on this project. Meanwhile, Glenda Cheung of KAZN AM1300 will be broadcasting her show live on-site.

Parents and students can request educational packages about this event from the Chinese American Museum office, located at 125 Paseo de la Plaza, Suite 400, Los Angeles, CA 90012. To register for the contest, please bring submissions to the event site no later than 1:00 pm.

Calling All People Who Were of Working Age During World War II!

The Richmond Museum of History in Northern California is asking for your help! If you worked in that city during the World War II era, please contact museum officials to help them document Richmond's history during the war.

Limited copies of the "Request for Information: World War II Employment & Homefront History" were sent to us by a Mrs. James G. Soo of Oakland. If you would like a copy, please contact Linda Chong or Ella Quan and we can make one for you. It is just a short survey that asks about your war-time and post-war life. For more information, please contact: WWII Archives Request, Richmond Museum of History, Box 1267, Richmond, CA 94802. Thanks!

Like the new News 'n Notes?

The computer generously donated by Board Member Dr. Wing Mar gave us some troubles recently so we had to use a different computer and software in order to make the publication deadline. Editor Linda Chong wants any feedback you might have on this format and look. She also wishes to reiterate her call for contributions to News 'n Notes by no later than the 15th of the month. Please send to P.O. Box 862647, Los Angeles, CA 90086-2647.

2001-2002 Officers

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To Your Good Health

By Dr. Betty Chan Gaw, leader of the China Health & Fitness Tour

aving been raised on Chinese herbs and medicines in Singapore during the first sixteen years on my life, which has left me with great curiosity about this bitter, darkbrown elixir stemming from ancient China, I decided to take a Health and fitness Tour to China. The enormous amount of knowledge gained from this 21-day trip from October 8 through 21,2001 surpassed my expectations, filling in the gaping of wondering what traditional Chinese Medicine/TCM is all about. Unlike western medicine in which I was trained in the United States. TCM consists of herbal medicine, acupuncture, acupressure, massage, and stylized exercises- Taichi and Qigong.

I will expand on herbal medicine which naturally fascinates me as I have a fond affinity for plants. My visits to several hospitals, clinics, pharmacies and herbal farms in Beijing, Baoding (where herbal distribution centers were formed, since it was the emperors' physicians who lived there), Xian, and Shanghai, taught me about this ancient form of healing with nature's plants, animal parts, insects, sea creatures, insects, and minerals.

The TCM doctor makes the diagnossis on a patient by listening, questioning, looking at the tongue, and palpating the radial right and left pulses just below the wrists, thereby getting a clinical impression about the patient's health or deficiencies of the heart and circulation, lung, liver, kidney, spleen, stomach, bones and muscles, etc. Arriving at the diagnoses, multiple herbs are prescribed. The patient brings this script to the pharmacy where the quantity of herbs are weighed and wrapped in paper, in daily doses. Two weeks' supply calls for fourteen packages to brought home to be boiled as prescribed and drunk two or three times a day. Use of an earthen pot, but not metal vessel, is stressed to avoid adverse reactions with the herbs. Some of the hospitals dispensed pre-cooked extracts, packaged in plastic bags, or herbal pills are prescribed, but these are more costly. I always smelled the pharmacy before I arrived there, as the medicinal odor is potent.

The multitudinous array of plant, animal, sea creatures, insects, and minerals used as medicine is astounding, dating back more than 3,000 years of Chinese history. Some of the commonly used herbs are: Astragalus, Gin-

"...people who use herbs, eat well-balanced diets, and exercise daily, are healthier, have higher intelligence, a better mood, are more resilient to disease..."

seng, Wolfberry, Codonopsis, Lotus nuts, forsythia, Mint, Chinese date/Jujube, garlic, Green tea, ginger, licorice, Chrysanthemum flowers, etc. Visiting the herb farm where these medicinal plants are cultivated and harvested scientifically, and tested for their potency, is part of the goal to standardize the herbal product.

The concept of Yin and Yang

when in perfect balance gives health; when it is unbalanced it produces disease. the earliest recorded treatise by the Yellow Emperor, circa 722 B. C., is still classic, and is revered and studied by TCM scholars. He developed the anti-aging theories. By the 8th century B. C., the principles of TCM were formulated.

In the 1st century A. D. Shen Nong's Cannon on Materia Medica was published. Much later, Li Shizhen recorded 1,800 herbs and catalogued them with 1,000 drawings in the 16th century Compedium of Materia Medica. Is it any wonder that people who use herbs, eat well-balanced diets, and exercise daily, are healthier, have higher intelligence, a better mood, are more resilient to disease-survival of the fittest, and experience greater longevity? We are fortunate to inherit this rich Chinese heritage, as the abundant knowledge is available for us to benefit from. Even western medicine is embracing TCM, incorporating it into their medical practice, for it is well known herbs are better assimilated by the body with few side effects- they are gentler and kinder to our organs. Let food be our medicine, and our medicine, food.

Events & Exhibits

Jan. 25

Asian Pacific American Women's Leadership Institute (APAWLI) cocktail reception honoring and celebrating the achievements of: Assemblywomen Judy Chu and Carol Liu; Los Angeles Deputy Mayor Robert Yang; L.A. Police Commission member Rose Matsui Ochi; Joy Chen, Director of Economic Recovery Office of L.A. Mayor James Hahn; Annie Chen of the Public Works Commission; and Mona Soo Hoo, an attorney on the State Task Force on Racial Profiling 6 to 8 p.m., California Yacht Club, 4469 Admiralty Way, Marina del Rey; \$35 each Please call Jamie Chikuma at (303) 333-3217 or e-mail info@apawli.org to RSVP

Feb. 1-2

Chinese Christians for Justice conference: "How Can Asian Americans Make a Difference in Our Society," with speaker Timothy Tseng, PhD 7:30 to 9 p.m., Chinese Evangelical Free Church, 1111 S. Atlantic, Monterey Park Contact Andrew Kwong at (323) 223-3228 for details (continues on p. 4)

Events, exhibits and other fun stuff, continued from p. 3

Feb. 2

Howard University law professor and activist Frank Wu to discuss and sign his new book, "Yellow: Race in America Beyond Black and White."
Pacific Asia Museum in Pasadena 46 N. Los Robles Ave., 2 p.m.; Free RSVP: (626) 449-2742 ext. 20

Feb. 3

Special CHSSC appearance of Frank Wu to discuss and sign "Yellow: Race in America Beyond Black and White." Co-sponsor: Organization of Chinese Americans - Greater Los Angeles 415 Bernard St., Chinatown, 2 p.m. Book proceeds go to CHSSC!

Feb. 9

San Gabriel Valley General Motors Lunar New Year Parade/11 a.m. eight-city parade (between Del Mar & Garfield avenues along Valley Boulevard, Alhambra-San Gabriel); 11th Annual Lunar New Year Street Festival—10 a.m. to 5:30 p.m. between Garfield Ave. & 7th St., along Valley Boulevard, Alhambra

Free; (626) 282-8481 for more details Feb. 10

L.A. Chinatown Firecracker 5K/10K Run and Kiddie Run and 5K Fun Walk North Broadway and College streets 7:40 opening; 8 a.m. start of first race Entry fees: \$22 (\$27 after Jan. 31); \$10 kiddie run (\$15 after Jan. 31) (323) 256-1363 www.firecracker10k.org or e-mail: FC10K@aol.com

Feb. 12

Gong xi fa cai! (Gung hei fat choy!) Welcome Year of the Horse 4700!

Feb. 16

103rd Annual Golden Dragon Parade Grand Marshal: 2002 Rose Queen Caroline Hsu, Los Angeles Chinatown 2 p.m. to 5 p.m. North Broadway, from L.A. City Hall to College then Hill streets www.lagoldendragonparade.com or (213) 617-0396

Feb. 15 to Feb. 17 Chinatown New Year Festival Parking lot site on Hill Street between Ord and Alpine streets www.lachinesechamber.org or (213) 617-0396

Feb. 21

Former New York Times China and Hong Kong bureau chief Edward A. Gargan on his new book, "The River's Tale: A Year on the Mekong" @ Pacific Asia Museum in Pasadena 46 N. Los Robles Ave., Free, 7 p.m. RSVP: (626) 449-2742 ext. 20

Feb. 22

Chinese New Year Banquet Empress Pavilion Restaurant 988 N. Hill St., L.A. Chinatown 6 p.m. reception; 7 p.m. dinner (213) 617-0396

Feb. 23

"Lighting the Way" Lantern Festival Presented by Friends of Chinese American Museum El Pueblo Historical Monument 1 p.m. to 7 p.m. Parade: 5:30 p.m. Free; www.camla.org; (213) 626-5240

Milestones: Two Chinese Americans Get Government Appointments

From AAGEN, the Asian American Government Executive Network

U.S. President George W. Bush announced on Jan. 13 his intention to nominate Jack C. Chow for the rank of Ambassador during his tenure of service as Special Representative of the Secretary of State for HIV/AIDS. Dr. Chow will also continue his service as Deputy Assistant Secretary of State for International Health and Science issues in the Bureau of Oceans and International Environmental Scientific Affairs. Dr. Chow received his undergraduate degree from the University of Pennsylvania, a Master's from the University of California at Berkeley, an M.D. from the University of California at San Francisco, an M.P.A. from Harvard University and an M.B.A. from the University of Chicago.

Meanwhile, the Small Business Administration announced on Jan. 7 the appointment of Conrad Lee as Region X Administrator, covering Oregon, Washington, Idaho and Alaska. Born in China, Lee came to the United States to earn an engineering degree from the University of Michigan in 1962. From 1962-78, except for two years as a stockbroker, Lee worked for Boeing Co. in various capacities, including engineer, marketing sales manager and energy analyst. He received an MBA in finance and international business from the University of Washington in 1980. From 1979-96 Lee was project manager for the City of Seattle Solid Waste Utility. His experience working with local government prompted him to run for the Bellevue (Wash.) City Council, where he is beginning a third four-year term.

** Links and complete announcements of the appointment of these two outstanding Asian Americans may be found in www.aagen.org.

Feb. 23

CHSSC member Icy Smith will discuss and sign "The Lonely Queue: The Forgotten History of the Courageous Chinese Americans in Los Angeles." Pacific Asia Museum in Pasadena 46 N. Los Robles Ave., 2 p.m., Free RSVP: (626) 449-2742 ext. 20

Feb. 23

Discussion forum on the formation of a Chinese American DNA Bank, an event sponsored by the UCLA Pharmacogenetics and Pharmacogenomics Research Group with the support of the National Institute of Health 10 a.m. to 1 p.m—Free Japanese-style lunch and raffle (first prize of \$400) Chinese Cultural Center II 9443 Telstar Ave., El Monte Please call Dr. John H. Wu, project director, Chinese Community Consultation, at (310) 794-4128, or e-mail jhwu@mednet.ucla.edu for details



Condolences to Board Member Winifred Lew and Family

Scholarship Chair Winifred Lew, who has consistently and loyally served this organization for years, recently lost her father, pioneer laundryman Winslow Woo. Mr. Woo, a third-generation Chinese American, owned and operated a laundry business in the West Adams district of Los Angeles for years. His funeral details follow. Please join us in supporting Winnie and her family.

Friday, January 25th: Viewing from 5 to 9 p.m., Faith Chapel, Forest Lawn Hollywood Hills

Saturday, January 26th: PLEASE NOTE: Two different locations!

Services at 11:30 a.m., Church of the Recessional at FOREST LAWN in GLENDALE, 1712 S. Glendale Blvd., Glendale Internment at FOREST LAWN HOLLYWOOD HILLS, 6300 Forest Lawn Dr., Los Angeles. Internment follows services. (There will be no procession, please find your way - map available from CHSSC office)

Luncheon following internment, between 2 to 4 p.m., at Hop Li Seafood Restaurant, 526 Alpine St., Los Angeles Chinatown

In lieu of flowers, the family asks for donations to the Chinese Historical Society of Southern California Scholarship Fund, P.O. Box 862647, Bos Angeles, CA 90086-2647, or to your favorite charity.

Here is a message from Winnie herself: "If you have any questions, please let me know. Thanks for your prayers and thoughts. Mom is holding up okay, with occasional bouts of weeping which are healthy for her, but family and friends are a big help during this time. I'm doing okay, too."

Wen Ho Lee conducts book tour of Los Angeles, Frank Wu to visit CHSSC on Feb. 3

(from p. 1)

items from the prison store. Instead, he was given a pair of "beat up sweat pants," which he cut a hole through at the crotch and wore like a cross between a sweatshirt and a shawl. Having said and been through all that and more, however, Dr. Lee stressed that he had no intentions of leaving the United States and insisted he was "not bitter" about the experience. Although his legal battles are not completely over (co-author Zia told the audience the Taiwan-born scientist is being sued by entities and individuals who claim they suffered when Dr. Lee made statements to deny his guilt), he said he firmly believed the United States had "the best system in the world," warning only that the "wrong person" could find a position in power and abuse the legal system and others.

Dr. Lee's remarks were preceded by a half-hour panel discussion by scholars and community leaders who warned that this case holds important lessons for all Americans, but especially Asian Americans who continue to have their national loyalties questioned. Zia went further to assert that Dr. Lee's case of being falsely accused of espionage is especially disturbing considering the fact that during this period, the terrorists responsible for the horrific bombings of last September 11 were probably well into their planning stages. She criticized U.S. intelligence for expending manpower on building an ultimately unsubstantiable case against Dr. Lee rather than preventing the violence that is now being credited to the El Qaeda terrorist network.

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On a separate note—but also related to national and international affairs—the CHSSC has something to brag about, too! On Sunday, Feb. 5, at 2 p.m., we will be hosting author Frank Wu, who is taking a break from his national book tour to visit us and talk about his new book, *Yellow: Race in America Beyond Black and White*. Some of the issues the thought-provoking book addresses include discrimination, immigration, diversity, globalization, and the mixed-race movement. The Organization of Chinese Americans will be joining us for this event, at which time Wu will donate a percentage of his proceeds from sales of the book to the CHSSC! Early reviews of the publication have been extremely positive. Don Nakanishi of UCLA said anyone interested in increasing diversity should be able to finish it in one sitting!

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WELCOMES AND ACKNOWLEDGMENTS

Welcome to our newest members: Kevin B. Hallaran, Martin Yee, Mike and Vicky Mulbay, Joycelyn Lew, Sue Chow Hoy, Yvonne Chang and Albert Chang! We're glad to have you!

And thanks to those who denated to the refreshments kitty for the Jan. 2nd meeting: Susan Dickson, Sin Hock &

And thanks to those who donated to the refreshments kitty for the Jan. 2nd meeting: Susan Dickson, Sin Hock & Betty Gaw, Mae Hom, Margie Lew, Ruth Lung, Tim Siu and Johnny Yee. Thanks, also, to the set-up committee of Blossom, Ella, Elsie, Gilbert, Linda & Margie!

सम्मान्यस्थान्यस्थ

ETCETERA...

"A Day in the Life of Los Angeles Chinatown," a photo essay by award-winning photojournalist Catherine Bauknight and her students, including those from El Camino College in Gardena. Opening reception: Saturday, Feb. 16 at 11:30 a.m. at the Chinatown Heritage & Visitor's Center. Look for us in the exhibition room. Come on and all, especially you would-be photogs!



CHINESE HISTORICAL SOCIETY OF SOUTHERN CALIFORNIA

MEMBERSHIP APPLICATION

NAME	☐ Gum Saan Journal (2 Issues Annually) \$5.0		
ADDRESS	☐ Active Member, annual	\$25.00	
CITYSTATEZIP TELEPHONE	Additional Member, annual \$10 (spouse, same household)		
□ Please include me on the membership roster that will	Contributing, annual \$10.00 (senior citizen over 60 and student)		
be available to members only	□ Institutional, annual	\$50.00	
Table Autorom Alexand Business Property	□ Life	\$300.00	
I am interested in helping with: Programs	□ Corporate, annual	\$100.00	
□ Publications Membership:	□ Life Patron	\$1,000.00	
Research New	□ Donation: Please accept my tax-deductible		
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□ Fundrasising	General \$ Scholarship \$		
□ Volunteering	Publications \$		
Other	□ 25th Anniversary Commemorative T-Shirt		
Make checks payable to: CHSSC We are a tax-exempt non-profit educational organization	\$20 for one\$18 for two or more sizesMediumLargeX-Large		



Chinese Historical Society of Southern California P.O.Box 862647 Los Angeles, CA 90086-2647

FIRST CLASS



Gung hei fat choy!

क्रिक्किक्किक्किक्कि

Join us in ringing in the Lunar New Year of the Horse (4700) 2002 with a festive, full-course Chinese banquet co-sponsored by the Chinese Historical Society of Southern California & the South Bay Chinese-American Chamber of Commerce

Make some new friends! Rejoice with some old ones!

When: Saturday, March 2 Time: 6 p.m. social (with no-host bar) 6:30 p.m. dinner

Where: Sea Empress Seafood Restaurant (See map and contact details below)

Cost: \$35 per person



海皇海鮮酒家

SEA EMPRESS SEAFOOD RESTAURANT

1636 West Redondo Beach Blvd. Gardena, California 90247 Tel: (310) 538-6868 Fax: (310) 538-2620

http://www.SeaEmpress.com



Please reserve			: Wednesday, February ne following level:	27, 2002
☐ Platinum (\$1,000)			0) ☐ Bronze (\$350)	\$
Please reserve \$100	seats for me at the			\$
☐ I am unable to attend but would like to make a new year's donation to the CHSSC and its program! (Specify which fund you support) \$				
NameAddressE-mail or Fax number_		City/Zip Code_	Phone	

Make checks payable to CHSSC, P.O. Box 862647, Los Angeles, CA 90086-2647. Thank you! Happy new year! For more information, please contact Dr. Wing Mar at (310) 783-0032.